To The Ladies of the Mothers and Patrons' Club

WE NEED MORE SCHOOL ROOM.

Ladies of the Mothers' and Patrons' Club and Friends of the Ironton Public School:-

suffrage, also to say that I do not remember the time when I was not

You may ask, "What has that to do with School Hygiene?" I answer you that it has a great deal to do you that it has a great deal to do with it. I have always thought that our women should have a voice, especially in our public schools.

have always felt that our schools needed them and would be better in every way if we had them. Most of every way if we had them. Most of our fathers are too busy with the bread winning phase of life to stop and consider carefully, the, socalled, small things, that go to make school life as pleasant, healthful and profitable as it should and could be made.

It is usually the mother who looks after the health and hygienic life of the child; she is the one who is first to notice the symptoms of any commencing trouble. This being true, she naturally is more careful about the things that safeguard her children. When we stop to consider that we have over 20,000,000 school children in the United States. that this number of children spend an average of six hours a day in the school room, or taken as a whole. 11,415 years in a single day, isn't it fair that they should have everything done to make the life as healthful and as free from danger as possible? The ideal school can not be maintained in all localities, we know, but it is only by looking for improvements, setting our standards high and working up to them, that our ideals are reached in anything. One of the first considerations and really the most important one, is that of not overcrowding our school rooms, and of supplying plenty of fresh air all the time. If our school is overcrowded, it is impossible to get good results, even with the best system of ventilation. It follows that the place to commence is in providing room for all with an adequate number of teachers. The results which are being obtained by the open air shoool method are really marvelous, and this method is rapidly gaining ground over the entire country. Of course we can not attribute these results to fresh air alone, as these schools not only have the open air but they are provided with a good corps of competent teachers who have been trained in nursing.

The children are given a daily shower bath, daily feeding and a proper period of rest, etc.

Disease is no longer considered as

the penalty or consequence of a poor inheritance, but rather that of ignorance. If a child develops tuberculodisease, but because it did not have the proper food, air and protection against the infectious agent; the result of carelessness and ignorance The period of life generally designated as childhood is between three and ten years, and is from a hygienic standpoint the most important of any of the life periods. It is during these years that there is a greater tendency to catarrhal conditions and a susseptibility to tuberculosis infec-It is now generally believed that a large majority of tuberculous people are infected in childhood. This is accounted for by the fact that during early childhood, we have the, socalled, eruptive diseases, such as measles and scarlet fever, throat diseases, etc., all of which make a fertile field for tubercular troubles if not taken care of and properly treated. If these things be true, and they are true, is it right, is it just to take a child, compel it by law to attend school six hours a day, shut it up in an overcrowded, poorly ventilated room with other children suffering with all manner of diseases and not try to make things better if it is in our power to do so ? How often did I hear, years ago, of the number of children Miss Fanny Markham had crowded into her primary department. Children just at the age when such things should not be. When we look at the financial side of childhood, when we think of all the worry, sorrow and suffering attending the birth and growth of of our children, does it not seem strange that we should be so slow in providing them with all the things in our schools that are necessary to prepare them in the best manner possible, both physically and mentally of their lives ?

The matter of prevnetion and hygiene is going to be a greater factor for carrying typhoid fever, dysenin our lives as time goes on, I am confident that the time will come when such diseases as scarlet fever, typhoid fever, measles, diptheria etc., will be almost unknown; in fact we will hardly hear of them at all. I do not mean that you will not always have your old fashioned family doctor, for Johnny will always eat too many green apples, have a few cuts, broken bones, etc., and there will be other things—enough to keep him busy. He will also have a hand in the prevention of disease. I believe that the time will come when every county and village will have a good competent man who is well are impratical and unnecessary; that when such diseases as scarlet fever, rier of infantile paralysis. I often

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At the Old "Blue Store" Stand, Main Street, IRONTON, MO. THE WAR HELD TO BE A STREET OF THE PROPERTY OF

and true diptheria resulting from it.

It is our duty ,therefore, always to report such cases and in this way rotect the other children and help fectious, let every member of a family be housed up in a close, overheated room and soon the disease will spread to each member of the family, even to the cat. Another important thing is that of sufficient light, something which many of our STATE OF MISSOURI, I SS school rooms do not have. A series of investigations carried on in the of investigations carried on in the state of Pennsylvania showed that Harriet J. Polk, Administratrix, in charge 27 per cent of the children had defective vision; this was not caused by in their work to see if they have defective vision, and if such is the case the parents are notified; if they shown on or before the first day of the

is a good thing and should always ceased as will be sufficient for the payment be encouraged. Diseases of the of said debts. mouth are easily transmitted by the common drinking cup, and during recent years we are finding out that diseased mouth and gums are responsible for a great deal of STATE OF MISSOURI, ss trouble. The matter of screening the rooms against flies is one that deserves more attention than it has received in our school rooms.

COUNTY OF IRON.

1, O. W. Roop, Judge of the Probate Court held in and for said County, hereby serves more attention than it has received in our school rooms. ceived in our school rooms.

The common house fly is a carrier for the long battle through the rest of many diseases and should be Witness my hand and seal of said Court, of their lives? Done at office in Ironton, Mo., fought against as much as a contagious disease itself. It is a medium tary, kindred bowel troubles and it has been lately proven a direct car-

trained in hygiene and preventive our country schools did not have medicine and whose duty it will be them and yet people lived and were to keep people well. This happy strong. Yes; such is the case. But we state of affairs can be helped a great must also consider that where we deal by our mothers. It is your du- have fewer people and a less number ty as well as the duty of the doctor of school children the chances of always to report sickness of a con- conveying and contracting disease of ring in any family so that the one ratio. Our school here is overcrowdsuffering from such sickness may be ed now. I am told that in some of the taken from school and thereby protect rooms our theachers are forced to many other children. Take the dis-ease which has been prevalent in two. By the zealous work of our Ironton and the surrounding country board of directors, our superintendent lately, that of follicular tonsilitis, and his good corps of teachers our which is of an inflamative nature; High School is fast growing beyond this disease may not prove very se- the present school building and the rious in one child; in fact the child question of providing more room may hardly be ill to speak of, yet let must soon be met. If the Ladies' and that child mingle with other chil- Patrons' Club will take this matter dren, and some child not so strong in hand and see that the voters in physically becomes infected; it may their respective families understand sis, it is not because it inherited the fertile field for a mixed infection rectors their support, I am confident that the day will soon come when Ironton will have a High School building of which we may all feel proud. As a matter of dollars and cents as to stamp out the disease. Take the well as that of civic pride it ordinary catarrhal cold, which is in- would be of great benefit to all. Good people come to make their homes where they find good schools

Job-Work, all kinds, at thisoffice.

Order of Publication. COUNTY OF IRON.

In the Probate Court for the County of Iron of the estate of Charles K. Polk, deceas-

poor light in school, but it does show that a great many children do see with difficulty, and that the light praying for an order for the sale of so much of the Real Estate of said deceased should always be good. In a great as will pay and satisfy the remaining debts as will pay and satisfy the remaining debts should always be good. In a great many of our states and almost all of our large cities an expert man is employed all the time to examine the eyes of all children who are deficient whereof, It is ordered, that all persons inare not able to buy proper glasses for next term of this Court, to be held on the the child, they are furnished free of cost. The individual drinking cup or so much of the Real Estate of said decorate will be made for the sale of the whole or so much of the Real Estate of said decorate will be reached to the parents.

> And it is further ordered, That this notice be published in the IRON COUNTY REGIS-TER, a weekly newspaper published in this County and State, for four weeks before the next term of this Court.

referred to, as the same appears of record in my office.

this 9th day of November, A. D.

O. W. ROOP. Judge of Probate,

Notice of Executor with Will Annexed

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